VEGAN MENU



STARTER

- Watermelon gazpacho w/cantaloupe & mint
- -Avocado cream on sweet potato rolls
- -savory mini zucchini waffles topped with caramelized pecans
- -Crispy spicy cauliflower w/red pepper dip

TAPAS

FLAT BREAD

Garlic flat bread w/ herb olive oil and cherry tomatoes

DUMPLINGS

Kale and spinach chickpea dumplings

ROASTED BITES

Crispy baked potatoes and chili pepper bites

STUFFED PEPPER

Stuffed chili peppers, with lentils and cardamom spices

BREAKFAST

- -Oatmeal w/mango, blueberries and raisins
- -Baked banana & nuts, orange bread
- -Pumpkin pancakes w/maple syrup
- -Carrot waffles w/walnuts & raisins
- -Scrambled tofu, avocado, pickled onions and cherry tomatoes
- -Homemade bagels, zucchini slices & cucumber with tahini

paste

MAIN COURSE

BAKED CURRY EGGPLANT

Cooked with coconut chickpea curry herbs and rolled with eggplant

SUMMER SALAD

A crisp and fresh summer salad with greens beans, walnuts, butternut squash and quinoa

SPRING SOUP

Refreshing spicy leek soup topped with crispy onions & croutons

FILET MIGNON & GRILLED VEGGIES

Eggplant, blackbean and mushroom "filet mignon" served with grilled veggies and a mushroom demi glace

- -Eggless chocolate cake
- -Sweet potato creme brulee
- -Vegan carrot cake
- -Peanut butter caramel cookies

VEGETARIAN MENU



TAPAS

HUMMUS

Butter bean hummus, with red pepper chunky dip and feta

BLACK PEPPER TOFU

Tofu skewerswith a black pepper sauce

VEGGIE SPRING ROLL

Crispy fennel, crrot & cabbage spring roll w/ yuzu sauce

MARINATED OPTS.

Marinated baked goat cheese, feta, garlic and olives in olive oil

STARTER

- -Couscous with cherry tomatoes basil and dill salad
- -Red pepper soup with grilled bread
- -Crispy tofu on a warm carrot, ginger saute
- -Corn fritters w/ pickled green onion, apple & cabbage
- -Stewed lentils with curried zucchini & rosemary

BREAKFAST

- -Poached eggs, on avocado toast
- -Sauteed cauliflower & spinach with fried pumpkin hash

browns

- -Pumpkin pancakes w/maple syrup
- -Breakfast taco of tofu, red bean salsa & cilantro
- -Scrambled tofu, avocado, pickled onions and cherry tomatoes
- -Glutenfree quiche of peppers, broccolini, spinach and tofu

cream



MAIN COURSE

GRILLED COURGETTE

Grilled courgette & broccolini with spicy chili oil on a red bean spread

VEGETARIAN WELLNGTON

Roasted beet rolled in mushrrom paste wrapped with puff pastry

TWICE BAKED POTATO

Double baked potato w/ chive, garlic sour cream and crispy onions

HERB PASTA

Fettucinni tossed in olive dill oil, fennel, peppers, olives and capers

VEGETABLE FRIED RICE & EGG

Veggie fried rice topped eggplant, zucchini, carrots, tomatoes & egg

- -Eggless chocolate cake
- -Sweet potato creme brulee
- -Vegan carrot cake
- -Peanut butter caramel cookies

CARRIBEAN MENU



STARTER

- -Jerk chicken baked buns
- -Sweet plantain oxtails patties
- -Spicy grilled ribs in flatbread with spicy jelly
- -Spicy chicken thigh dumplings in jerk sauce
- -Cassava fries with ketchup mayo dip
- -Oxtail stuffed spring rolls

MAIN COURSE

SCOTCH BONNET FRY CHICKEN

Marinated crispy coconut chicken, topped with homemade pepper flakes sauce

RIBS SPICY NOODLES

Fall of the bone ribs on top of spicy caribbean vegetables noodles

OXTAIL MAC N CHEESE

Slow braised oxtails on top of doubled cheesed mac n cheese and spicy peppers

SPICY JERK SHRIMPS ON RICE N BEANS

Marinated scotch bonnet-honey shrimps on cocnut rice n peas

STEWED SNAPPER FILET

Snapper soaked in coconut curry on yellow red bean fried rice

STEAK AND PEPPERS

Grilled steak and fire roasted buttered potatoes with spicy garlic

PICKLED MAHI MAHI

Grilled mahi topped with pickled carrots, cucumber, onion & scotch bonnet peppers on white steam rice

BREAKFAST

- -Plantain cinnamon rolls vanilla cream glaze
- -Cornmeal/ plantain/breadfruit porridge
- -Baked or fry bakes
- -Stewed saltfish & ackee w/avocado
- -Mash fry plantain & onion & spanish sausages
- -Saltfish cakes, avocado salsa & boiled eggs

JUICES

SORREL LEMONADE

Sorrel tea/ lemon juice/simple syrup/vodka (opt) lemon wedges

BLACK PEPPER TOFU

Tofu skewerswith a black pepper sauce

VEGGIE SPRING ROLL

Crispy fennel, crrot & cabbage spring roll w/ yuzu sauce

MARINATED OPTS.

MARINATED BAKED GOAT CHEESE, FETA, GARLIC AND OLIVES IN OLIVE OIL

- -Sweet potato pudding
- -Coconut cream cake
- -Mango sorbet
- -Pineapple rum cake
- -Pistachio creme brulee
- -Ponche de kuba cake

AMALIA MENU

STARTER

- -Ahi tuna and jalapeño rice cakes bites
- -Garlic parmesan crispy wings
- -Shrimp cakes with corn salsa
- -Baked brie w/apple and pecan nuts salad
- -Poached shrimps in a mango coulis
- -Conch ceviche with plantain chips
- -Seared scallops in dill oil with green pea puree

BREAKFAST

- -Pancakes w/blueberry/raspberry syrup
- -French toast w/ bananas
- -Poached eggs/ on avocado and red onion toast
- -Baked sweet bread and grape jam
- -Chicken, spinach and brie quiche
- -Sausages/ hash browns/bacon/salmon and fruits

DRINKS

- -Red, rosée or white wines
- -Old fashion
- -Martini's (dirty or spiced)
- -Margaritas (lemon/ watermelon/strawberry)
- -Lemon drops
- -Coquitos (coconut rum)
- -Moscow mule
- -Orange gin champagne
- -Lime crush
- -Daiquiris (strawberry/passionfruit)
- -Mojitos



MAIN COURSE

BUTTERED LEMON COD FISH

Pan fried cod w/ grilled lemon on jasmine rice

MACADAMIAN CRUSTED GROUPER

Crusted grouper with on sauteed veggies

CAPERED SALMON & SHRIMPS

Shrimp tossed w/ capers, tarragon and butter over roasted salmon w/ veggies & salad

CRISPY CHICKEN & LEEKS

Crispen chicken thigh with spring onions, leeks and spinach sauce over mash potato

CITRUS GLAZED DUCK

Crispy glazed duck with carrot puree and broccolini

CLAMS & SHRIMPS PASTA

White wine and thyme shrimps and clams over creamy basil pesto pasta w/toasted pine nuts

STEAK & LOBSTER TAILS

Grilled filet & cream stuffed lobster tails w truffle risotto

CRUSTED LAMB ROLL

Crusted lamb w/ sauteed mushrooms, onion in demi glace and fingerline potatoes

- -Baked fruit tarts
- Creme brulee
- -Orange souffle w/ creme anglaise
- -Dates bread pudding and grand marnier creme
- -Pistachio creme brulee
- -Genoise strawberry tower

BREAKFAST MENU



SWEET PASTRIES

- -Croissants : chocolate, apple & raisins
- -Carrot/banana/oatmeal muffins
- -Blueberry scones
- -Orange coffee cake
- -Raspberry cream puffs
- -Lemon cookies with blueberry jam
- -Cinnamon rolls with nuts
- -Honey yogurt, fruits & almond granola

BREAKFAST

PRESSED WRAPS

Scrambled eggs, cheese, onions & peppers wraps pressed

HOMEMADE FLUFFY PANCAKES

Sweet & fluffy pancakes, with fresh fruits and whipped cream

CHOCOLATE CHIP WAFFLES

Warm waffles stuffed with choclate chips & maple syrup

FRENCH TOAST

Brioche french toast with bries cheese and blueberry syrup

CHORIZO HASH

Chorizo and potato hash browns topped with a sunny side up eggs

EGGS BENEDICT

Poached eggs sitting on prosciutto, salmon or avocado w/arugula salad toast

BREAKFAST FRUITS

- -Bananas
- -Apples
- -Mango
- -Pineapples
- -Dragonfruit
- -Strawberries/blueberries/raspberries
- -Kiwis/pears/oranges

JUICES/SMOOTHIES

ORANGE JUICE

Fresh orange juice

BLUEBERRY SMOOTHIE

Bananas/ blueberries/spinach & almond milk

MANGO PINEAPPLE SMOOTIE

Mango, pineapple coconut milk & spinach

CARROT & APPLE JUICE

Carrots, apple and pineapple juice

CUCUMBER & MINT JUICE

Cucumber, green apple & fresh mint juice

PEANUT BUTTER SMOOTHIE

Bananas/peanut butter, cinnamon and almond milk

EVENTS



SAVOURY HORS D'OEUVRES

SWEET HORS D'OEUVRES

DRINKS